FIRST 5 CALIFORNIA CHILDREN & FAMILIES COMMISSION

January 15-16, 2004 Buena Vista Branch Public Library 300 N. Buena Vista Street Burbank, CA 91505

Thursday, January 15, 2004

• Call to Order – Item 1

Chairman Reiner called the first day of this two-day business and annual planning meeting to order at 9:15 a.m. The following Commissioners were in attendance:

Commissioners Present: Rob Reiner, Chairman

Alice Walker Duff

Elizabeth Rice Grossman

Sandra Gutierrez Eliseo Medina Margaret Taylor Louis Vismara, M.D.

Ex Officio Commissioners Absent: Secretary for Education

Secretary of Health and Human Services

• Approval of Minutes – October 16, 2003 – Item 3

The minutes for the October 16, 2003 Commission meeting were approved.

• Chairman's Report – Item 4

Chairman Reiner announced that Kim Belshé will be returning to the Commission as the Secretary of the Health and Human Services Agency. He also announced that Richard Riordan will be serving the Commission in his role as Secretary for Education. Both are ex-officio members.

Chairman Reiner reported that the Board of Equalization recently approved a backfill to Proposition 99 in the amount of \$21.7 million for fiscal year 2002/03. This backfill amount was calculated using the Board's original formula, which the Commission requested be used. The Commission is required by the California Children and Families Act to annually backfill any revenues that are lost by Proposition 99, due to the addition of the Proposition 10 tax on tobacco products. In contrast to last year when the Board approved an amount proposed by a member, which was not consistent with their staff recommendation, this year the Board returned to its standard procedure of approving the BOE staff recommendation. Chairman Reiner stated that he

believes a clear precedent has been set for the use of BOE staff recommendations for the backfill calculation in all future years, and he thanked staff and County Commissions partners for their work in this area.

Chairman Reiner announced that First 5 has now distributed over one million Kits for New Parents. State Commission staff is in the process of adapting the Kit to include new Asian-Pacific languages. The "I Am Your Child" Foundation is revising the video on child care to include preschool.

• Annual Report and Audit – Item 5

The final draft of First 5 California's 2002-2003 Annual Report, which highlights the work of all County Commissions, was presented to the Commission. There are now more than 200 School Readiness programs operational throughout the state. Over 22 million children (0-5 years) and their families have received services and/or information through First 5 programs. Over 21 million received indirect services/information through community outreach activities (media campaign, community events, etc.) and 1.4 million received direct services through home visitation, case management, etc. The children most commonly served by First 5 programs are diverse:

- o 60% Latino, 23% White, 9% Black, 4% Asian-Pacific Islander
- o 55% had a primary language other than English (51% Spanish, 4% other languages)
- o 2% were identified with special needs

Statewide, First 5 funded programs are addressing all four results areas: (1) Improved Family Functioning, (2) Improved Child Development, (3) Improved Child Health, and (4) Improved Systems of Care. The Commission approved the report and its submission to the Governor and Legislature.

Discussion:

Chairman Reiner stated that it is important to get some anecdotal reports out so that people can get a real understanding of what the First 5 has accomplished.

ACTION: Chairman Reiner moved the Commission approve the Annual Report for FY 2002/03. The motion was seconded by Commissioner Grossman and was approved by a unanimous vote of the members present.

• Research Agenda – Item 6

The Commission was presented with initial recommendations from the Research Subcommittee for specific studies in the areas of Preschool for All and children with special needs. The recommendations and a contracting process and timeline were discussed and approved by the Commission. First priority research projects will include:

• A meta-analysis of California specific studies/programs summarizing the "quality" characteristics of effective preschool programs as it applies to child outcomes.

- A statewide workforce study identifying the number and characteristics of the current early education workforce.
- A study to identify and analyze the characteristics/demographics (who they are, where they live, what their special needs are, etc.) of children who are identified with special needs after entering the K-12 system and why they were not identified earlier.

Commissioner Gutierrez asked if the workforce study would be a report or an actual county-by-county census. Dr. Henderson responded that one option is a county-by-county census, but the cost is very high. She has asked for a report would give more of a statewide sampling with some ability to disaggregate the numbers on a regional basis with some county numbers and then perhaps and option for counties to provide some additional funding for county specific data. The cost of the statewide survey to continue beyond the six counties already done is approximately \$750,000.

Commissioner Gutierrez asked about the possibility of longitudinal study. Staff responded that existing longitudinal studies were discussed within the statewide evaluation, but that it is difficult to find research on children other than low-income or those in "priority" schools, so the results could not be generalized to all children. Oklahoma and North Carolina have data on larger, less expensive programs. Over time, California programs need to be looked at to start gathering data. The Chicago study was a publicly funded program, Head Start kind of program so it was not expensive and was done with a large cohort of children over a 20-year period. Chairman Reiner stated that at some point a longitudinal study in partnership with others may be great role for the Commission. Commissioner Vismara stated that it was his understanding that the data collected by the Commission's evaluation contractor, SRI International, will lend itself to a longitudinal study. Staff clarified that the contract with SRI International calls for the design of a longitudinal study on the Commission's School Readiness Initiative.

Commissioner Duff asked how the study would identify low-income, middle-income, etc. children. Staff responded that the demographics of special needs children tended to be high poverty and children of color. Commissioner Vismara stated that there are a high proportion of children placed in special education classes because of behavioral issues and that is where the socio-economic issue comes in. He also noted that there is a large number of children who are not in special education classes who are failing as well.

ACTION: Commissioner Gutierrez moved that the Commission approve the recommendations of the Research Subcommittee. The motion was seconded by Commissioner Grossman and was approved with a unanimous vote of the members present.

• Update on First 5 Initiatives – Item 7

School Readiness

The Commission was updated on progress in the School Readiness Initiative and on the School Readiness Matching Funds application process. The First 5 California Children and Families

Commission and County Commission partnership launched 207 School Readiness Programs in all 58 counties through eleven statewide reviews. Special thanks were given to the 90 School Readiness reviewers representing 33 County Commissions. Information on the technical assistance provided for School Readiness Programs was also provided.

Discussion:

Chairman Reiner asked about sustainability. Staff responded that it has been an integral part of the design of the school readiness program. The program has also been very clear in terms of not supplanting any existing funding stream.

Commissioner Gutierrez suggested that the Commission extend invitations to legislators or local leaders to visit a school readiness site. She asked about community hiring and whether this is a policy at any of the school readiness sites. Staff stated that this is a core principle for the school readiness program; in addition, First 5 has partnered with AmeriCorps and ServiceCorps programs. Commissioner Gutierrez asked, relative to early care and education, if most of the work in school readiness is about improving quality and not the number of spaces at the sites. Staff responded that it is a combination of both.

Commissioner Vismara asked if health care providers are linked to the school readiness programs. Staff responded that the plan is to make this connection happen. Commissioner Vismara suggested in the next steps that the Commission consider outreach to the health care provider groups.

Commissioner Duff stated with regard to next steps—the process of harvesting and disseminating best practices—schools need to be ready for the children. She said that frequently she finds low-performing schools are very unwelcoming to the children and to their parents. She said the biggest concern from parents with preschool for all is that they don't have confidence that the schools really want their children. Commissioner Duff stated that harvesting the best practices for schools to welcome the children and parents is one of the best practices to harvest. Commissioner Duff also stated that cross- cultural work is very critical to build a strong foundation of working together.

Sherry Novick, Executive Director, First 5 Association of California, noted that the Statewide Conference of County Commissions in April will include a celebration of the School Readiness Program and suggested that a celebratory visual tool be developed that can be used to brief policymakers and other stakeholders.

Preschool for All

The Commission received an update on its \$100 million Preschool for All Demonstration Projects. The criteria for the 'projects' were designed in partnership with interested County Commissions and the First 5 Association. The recent 'letter of interest' was returned by 18 County Commissions. The continuing PFA partnership with the California Department of Education Child Development Division and the Packard Foundation was discussed. In addition, information was provided on the new resource, "Preschool for All: Step by Step A Planning Guide and

Toolkit" developed by Susan Muenchow, AIR, that will soon be posted on the First 5 website (www.ccfc.ca.gov).

Discussion:

Commissioner Vismara asked Ms. Muenchow about looking into regional center funding. Ms. Muenchow responded that some regional centers are currently cooperating and working together. Commissioner Vismara also asked about EPSDT funding. Mr. Munso stated that there are some controls in the budget regarding EPSDT funding. He also noted that staff would look into this.

Commissioner Gutierrez stated that in order to get a full picture of the potential for Preschool for All, the Commission should hear from the California Teachers' Association on its initiative, which does provide for potential funding source for universal preschool. She also asked for a progress report from Preschool California.

Commissioner Duff asked that a table of content and index be included in the toolkit document.

Health Access for All Children

The State Commissioners received an update on Health Access for All Children, a \$46.5 million four-year project approved in October 2003 to provide matching funds to County Commissions offering health insurance for all young children. Staff members reported that they are in the process of collecting enrollment data and other information from the eleven County Commissions that are contributing to an existing health insurance program in their respective counties. This information will be used to reassess the county allocation formula and determine whether any modifications are needed. Once the allocation formula is finalized, the State Commission will release a funding application to the County Commissions (proposed release date is February or March).

In collaboration with Foundation partners, County Commissions, and others, staff will also continue efforts in designing the other two major project components:

- Quality Enhancement and Evaluation; and
- Outreach, Enrollment, and Retention.

The State Commissioners also focused their attention on a number of State Budget proposals that, if approved, would significantly impact the further development and implementation of the Health Access Project as originally designed. Nevertheless, the Commission remains committed to continuing to move forward with the development and implementation of the Health Access for All Children project and will plan to make adjustments as needed if any of the above mentioned State Budget proposals are approved.

Discussion:

Chairman Reiner asked Sherry Novick, Executive Director, First 5 Association of California, what some of the counties were doing in the area of health access. Ms. Novick stated that in the counties that have been working on health access for a while, they have seen that it takes time to get enrollment and because of turnover, the funds are not spent very quickly. The counties that are

in the planning stages are committed to move forward. These counties are in early enough implementation that they are far from spending their potential funds for children 0-5, and feel a lot can still happen and do not want to stop the momentum.

• First 5 Budget/Strategic Plan Overview/Tracking – Item 9

The Commission was provided with a review of its revenue projections through 2009-2010. The estimated annual revenue decline is 4-5%. Proposed investments through 2009-2010 include: \$520.4 million for programs related to early childhood learning and education; \$63.1 million for health programs; \$186.5 million for parent and community education/media; \$74.4 million for tobacco cessation; \$61.6 million for evaluation, research and TA; and \$33.7 million for administration. This leaves a reserve of \$4.8 and \$5.9 million per year as a reserve and does not include funding for programs slated to end that the Commission may wish to continue funding.

• First 5 Association of California Input on First 5 Priorities – Item 10

Mark Friedman, President of the First 5 Association of California, presented proposed priorities for joint Association/Commission activities in 2004. Mr. Friedman noted the economical and political context for the Associations priorities: the continuing state budget crisis will engender increased scrutiny of Prop 10 revenues; First 5's public and private partners—in health, family services, child welfare, and early education—face revenue losses that may undermine many of First 5's key strategies. The Association priorities are:

- 1. Maintaining the presence and stability of First 5 in every county of the state
 - The Association will continue to work with the State Commission to support small counties and ensure that children in every California county benefit from the revenues generated by Prop. 10.
- 2. Improving the capacity to tell the First 5 Story
 - The Association proposes joint creation of new, easily understood, accessible resources for use in explaining the impact of First 5 locally and statewide.
 - The Association also supports increased collaboration, coordination, and mutual support in media relations.
- 3. Enhancing the Association's working partnership with the State Commission
 - The Association supports continued autonomous decision-making, at the same time that they acknowledge the importance of our mutual relationship.
 - The Association proposes the on-going use of working groups—similar to the original School Readiness working group—to assess, problem-solve, and continue to improve the practices that govern mutual activities.

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Chairman Reiner asked, with regard to keeping the rural counties whole, if any ideas have come up, that the Commission can be involved with. Mr. Friedman stated that there has been a lot of money allocated for larger counties that is not necessarily accessed, in terms of matching funds. He stated that there may be some potential with contributions from larger counties. Mr. Friedman also stated that they have also asked the small counties to take a close look at what their needs are and there may be some counties who will receive subsidies that may not need it as much another county. They are also looking at counties that have significant reserves.

Chairman Reiner stated that there is a need to look for a formula that is sustainable and continues. He also stated that looking for one-time matching funds are not a good mechanism. Dr. Henderson responded by saying at the next Commission meeting, staff will be presenting recommendations to the Commission.

External Reviews of State and County Commissions' Actions, Roles and Responsibilities Item 11

Staff provided a brief review of recent activities and potential issues that may arise regarding external reviews and requests for information. The Commission was briefed on the media interest in what is happening with Prop 10 revenues and the AP's statewide request for information as well as on-going press stories and inquiries. The Commission was also apprised that the Bureau of State Audits has informed Commission staff that it will soon commence an audit of the State Commission and several County Commissions. The audit is the result of a request from Senator Florez and the decision of the Joint Legislative Audit Committee to conduct an audit. He noted that it is yet to be known which counties will be included or what the scope of the audit will be, though it is expected to cover both fiscal and performance issues. Frank Furtek, Counsel to the Commission, also noted that the ACLU has suggested that the Commission has an obligation to issue anti-discrimination regulations. He stated that this arose from concern about a county commission contract. He reported that this issue has been resolved, but the concern of the ACLU could be raised again at a future time.

Advisory Committee on Diversity – Item 12

The Commission was presented with an update on the accomplishments of the Advisory Committee on Diversity and on the progress of implementing the Principles on Equity. Staff reported that the Commission's Principles on Equity have been inserted into all contracts and RFPs processed through First 5. The Principles on Equity have been integrated into the Commission's major projects, including the media campaign, the community outreach program, the School Readiness Initiative, the Special Needs Project and other statewide projects.

Staff reported that a contractor will be sought to assist in developing further implementation steps. The selected contractor will interview stakeholders, including members of the Advisory Committee on Diversity, and will bring recommendations before the Commission for future action. Commissioners noted that is important for the contractor/consultant to talk with County Commissions and the Association in developing implementation recommendations.

• California Teacher's Association (CTA) Initiative: The Improving Classroom Education Act – Item 13

Frank Furtek, Counsel from the Attorney General's Office, advised Commissioners that they can not use their position as Commissioners to support or oppose a matter before the voters of the state. He noted that this applies to the CTA Initiative because it appears likely to be on the ballot in November. Mr. Furtek informed the Commissioners that they can participate in activities related to the initiative if they clearly are doing so as individuals, not as Commissioners.

Discussion:

Commissioner Gutierrez asked if a Commissioner could say that they are representing their individual views and are not speaking as a representative of First 5 California. Mr. Furtek said that would be sufficient for everyone to understand.

Mr. Furtek also discussed the issue of the role of the Commission at the advocacy stage. He stated that the law says that a public agency may not expend public funds to promote a partisan position in an election campaign. The government can not take sides. He recommends that if a Commissioner asked to participate actively as a Commissioner, they should decline to do so. He stated that the State Commission can not charge a Commissioner as an individual to appear at a meeting or any activity that CTA is promulgating as a result of the initiative process. Mr. Furtek assured the Commission that general Preschool for All activities with or without the initiative may continue. Mr. Furtek advised that if Commissioners have any questions, they should ask the Executive Director to obtain clarification from him before participating in any activity.

• Adjournment – Item 14

Chairman Reiner adjourned the first day of the planning session meeting at 3:50 p.m. and announced that the Commission will reconvene on Friday, January 16th at 9:00 a.m. to continue its planning session.

Friday, January 16, 2004

• Call to Order – Item 1

Chairman Reiner called the second day of the meeting to order at 9:10 a.m. The following Commissioners were in attendance:

Commissioners Present: Rob Reiner, Chairman

Alice Walker Duff

Elizabeth Rice Grossman

Sandra Gutierrez Eliseo Medina Margaret Taylor Louis Vismara

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Approved: March 18, 2004

Ex Officio Commissioners Absent: Secretary for Education

Secretary of Health and Human Services

• Community Based Outreach (CBO) Program – Item 3

Since its inception, the State Commission has adopted a three-tiered approach to its public awareness/education efforts. The Commission has communicated with the broader public through:

- Paid Media brief, general messages, controlled entirely by First 5 California, that reach a large number of people
- Earned Media (a.k.a. Public Relations) news coverage of First 5 California issues, which is considered very credible because of the source of the information (i.e. news organizations)
- Community Based Outreach one-on-one personal outreach from trusted community members to specific populations that is high quality, but limited in the numbers reached (compared to paid media)

For nearly two years, the Commission has provided funding to community organizations in order to extend the reach of the Commission's public education efforts to parents and caregivers who do not receive messages from the paid media campaigns. While the first two outreach approaches are aimed at raising awareness and educating the general public, the CBO Program goes a step further to connect in a very personalized way with audiences who are not reached through traditional broad based outreach efforts. Through 165 different community groups, the program has provided parents and caregivers with parenting information on 15 different subjects. As of June 30, 2003, over one million people were reached and over 13 million parenting brochures were distributed in 10 different languages.

At the October 2003 Commission meeting, Commissioners approved the funding and release of a three-year public relations contract, which would include \$3 million per year (\$9 million total) for community outreach (CBO Program). However, the specific focus of the CBO Program had yet to be determined. The Commission discussed potential content focus (i.e., key messages) of the program.

- o Preschool for All advocacy
- o Health care enrollment and outreach
- o Parent/caregiver education
- o Post-partum depression
- o A combination of the above topics

Because of the shifting nature of State Government priorities, as they relate to potential content topics for the CBO program, staff recommended that the State Commission hold off on making a decision on the content focus of the CBO Program. Instead, staff can require the winning bidder of the public relations contract to develop a recommendation for the content focus and program structure of the CBO program within three months of contract initiation. The firm can be required to develop a work group from which the recommendations are generated.

Commissioners asked staff to develop options that will eliminate any lapse in time between funding of the next phase of the CBO program.

Discussion:

Chairman Reiner stated that CBO outreach workers and CBOs are well suited to help build grassroots advocacy for First 5 programs. He asked how the Commission/staff can harness all contracted CBOs to move the First 5 agenda forward.

Commissioner Taylor stated that it is important to know your neighborhood and be a part of it.

During public comment, executive directors from various counties voiced both concerns and support for the CBO program.

Media Campaign – Item 4

GMMB, the State Commission's paid media contractor, presented results of research on the effect of the paid media campaign to date. The results indicated that the Commission's media campaign is having a profound impact, particularly in the area of Preschool for All. The next round of ads on Preschool for All will begin in spring of this year. The Commissioners discussed ideas for future advertising campaigns:

- Preschool for All
- Parent education
- Anti-smoking
- Early assessment for developmental delays
- Benefits of quality child care
- Health care.

A new paid media contract will be in place July 1 2004 and these and other ideas will be pursued.

Discussion:

Chairman Reiner stated that the Commission needs to think through and plan for everything the Commission wants to publicize.

• Presentation on Safe from the Start – Item 5

The Commission received a program update from the Attorney General's Office regarding Safe from the Start Program. Safe from the Start is a statewide movement designed to reduce exposure to violence among children and to mitigate the effects when such exposure occurs. Project staff is seeking continued funding from the Commission in the amount of \$1.3 million total for three years. After some discussion, the Commission requested that project staff provide more specific information about what will be achieved during the next three years and schedule the agenda item for action in March 2004.

Commissioner Taylor stated that there is no connection between the Attorney General's Office and the Department of Mental Health.

Chairman Reiner stated that the whole point of this program is to stop crime. Commissioner Vismara stated that children exposed to violence today are likely to be victims tomorrow.

Chairman Reiner stated that after 3 years, there are only 13 counties involved in this program. He stated that there should be outcomes of a lot more counties involved and he stated that all 58 counties should be involved.

Chairman Reiner asked the Attorney General's Office to show the Commission what goals will be achieved in the next 1-3 years.

• KCET's Informal Care Production, KCEd – Item 6

KCET TV station CEO Al Jerome presented a \$7 million three-year funding request for development and production of a new PBS program KCEd™. The program will be designed to provide early education teaching strategies for in-home child care providers.

Overview of the Series

After conducting focus groups in September 2003, KCET determined that the series would be based on a talk-show format. Guests would include child development experts, celebrities and caregivers. According to KCET's proposal, the series would:

- Address specific caregiving issues, such as how to help children acquire cognitive, social and physical competencies;
- Respond to the complexity of California's diverse population by including characters and contexts representative of various communities, including those with disabilities:
- Focus on caregivers support issues, such as what resources are available and how to access them;
- Highlight best practices.

According to KCET:

- Children in unlicensed family child care homes spend 10% of their time watching television, 7% of that time is spent watching educational television.
- Over 80% of child care centers have a television and use it.
- 93% of caregivers in these centers agree that television is an appropriate teaching tool.

The KCET request for \$7 million from First 5 California would be split as follows:

Year 1:\$4 million

Year 2:\$2 million

Year 3:\$1 million

Several questions were raised by Commissioners, which included the method of information dissemination, Commission involvement/control of the messages, linkages with other organizations, recent research on reaching informal caregivers, and County Commission participation in the funding. Commissioners requested more information from KCET and directed staff to work with KCET to answer questions raised and to determine how the funding request could be lowered. This item is expected to come back to the Commission in March.

• Adjournment – Item 8

Chairman Reiner adjourned the meeting at 1:05 p.m. The next Commission meeting will be on March 18, 2004 in Santa Barbara.